## ACCEPTING THE CHALLENGE AND PERSEVERING CAN MAKE A DIFFERENCE



International Women's Day

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Carina's life-long commitment to empowering and mentoring fellow professional women spans a variety of initiatives and organizations, including her involvement with Women in America, the United Way of New York City's Women's Leadership Council, and Chief. She was honored in 2016 by PR Week as a "Champion of PR," one of the women who represent the gold standard in the industry.

My maternal grandmother graduated law school in Leiden, The Netherlands, in 1934, being one of the first women to do so at that time. She went on to become a political attaché in Indonesia. Although that job was short lived - WWII broke out soon after her appointment -, she never lost her thirst for learning and championing women. She has always been my role model; her success taught me that hard work and perseverance can make a difference.

I am the middle one of three sisters. My father worked for Shell, a job that took our family around the world. Both my parents raised us to be strong, independent women. This helped me when I was 14 years old and left home, which was Venezuela at that time, to go to boarding school in the U.S. Afterwards, two of my professors at Skidmore College profoundly changed my life, giving me valuable tools to enter the working force. I joined Abernathy five years after college, where I met two people whose mentorship would have the most significant impact on my career. They both saw in me potential that I had yet to realize, challenging me to go beyond my comfort zone and presenting me with opportunities that I likely would not have chosen, but which allowed me to grow and thrive. I am forever grateful for their guidance and faith and cherish their mentorship philosophy, one that I apply in my own approach to guiding young women in their careers, so they too can reach their potential.

